

TEEN QUARTERLY NEWSLETTER

Need Something to Do?

Everything seems to slow down in the winter. The weather is cold, and energy levels sink. To keep you from falling into a pattern of boredom, try one of these activities:

- Write your own short story, complete with hand drawn illustrations. Use two pieces of cardboard to create the front and back covers, and put it on your bookshelf!
- Sort through the clothes in your closet and consider donating some of the things you no longer wear to people in need.
- Try your hand in the kitchen with our recipe for Pizza Bites below.
- Challenge your friends to a puzzle contest!
 Find two puzzles with the same number of pieces, and race to see who can complete their puzzle first.
- Break out your favorite video games and board games and invite your friends over to play!
- Spend the day helping out your family or your neighbors in their yard, raking leaves or shoveling snow.



Math Magic

Here's a math trick that you can use to impress your friends. You will always end up with the answer 3. Give it a try!



- Pick a number less than 10.
- Double it.
- Add 6.
- Divide it in half.
- Subtract your original number.
- Your answer is 3!

Pizza Bites

Need a snack before you start your homework? These Pizza Bites will fuel you up and help you finish your work in no time!

Ingredients

- 1 tube of biscuit dough
- ½ cup pizza sauce
- 1/2 cup mozzarella cheese
- Pizza toppings of your choice

Directions

- Pre-heat oven to 400°F. Lightly grease cookie sheet.
- Roll out the biscuit dough and separate into 10 circles.
- Use a spoon to spread pizza sauce over the top of the dough.
- Sprinkle with mozzarella cheese.
- Add any additional toppings.
- Bake for 6 to 8 minutes or until dough is golden brown.
- Enjoy!